PC- SD 6.14- Wound Care Graft – Full Thickness

Action: 30/60 Nurse Consult Appointment
Time:_____
Date:_____
With:_____

Instructions

Graft Site

- Leave the dressing dry and intact until suture removal
- You may shower, but cover the dressing with plastic or a temporary waterproof dressing
- Is it important the dressing does **not** get wet.

Donor Site

- Leave the original dressing dry and in place for 3 days
- You may shower but cover the dressing with plastic or temporary waterproof dressing
- Ensure hands are washed thoroughly with soap & water before attending wound care

After 3 days follow these steps:

1. Remove the dressing – soak dressing off in shower;
2. Wash gently as normal or bathe with saline solution (salty water);
3. Allow to dry;
4. Apply a thin layer of Vaseline over sutures to keep moist;
5. If exposed to a dirty/dusty environment cover wound with a dry, non-stick dressing;
6. Repeat steps 1-5 morning and night until removal of the sutures.

Bleeding

- If Bleeding occurs, apply firm pressure to the area for 30 minutes
- Stay still
- If persists, call the surgery

Pain relief

Do take - Paracetamol or codeine based medication (as directed)

Avoid (unless prescribed by your Doctor)
- Anti inflammatory medications
- Aspirin

Infection

If any signs of infection occur such as;

- Increasing redness
- Increased Pain
- Hot to touch
- Oozing

Please contact the surgery as soon as possible.

If you have any queries or concerns please contact the surgery and speak with a nurse.

Mt Hawthorn: (08) 6140 1000 **Bunbury: (08) 6140 1080**