

# MINOR SURGERY

## How do I prepare for minor surgery at Oxford Day Surgery?

The best preparation for any surgery is a good night's rest followed by your normal meals. You can expect to be with us for about one hour depending on your type of surgery.

### Some minor surgery do's and don'ts:

**Do** tell us if you are on aspirin, Astrix, Cardiprin, Warfarin, Plavix, Iscover, Assasantin, Dipyridamole, or any other blood thinner. You may need a blood test prior to treatment on our advice.

**Do** discuss with us if you will be able to drive following surgery or whether you should arrange for someone to drive you home.

**Do** have some Panadol or Panadine at home for pain relief if required.

**Do** wear comfortable, casual, loose fitting clothing that can be unbuttoned rather than clothing which needs to be pulled over the head as you may need to partly undress.

**Do** wash your hair before the surgery as you may have a dressing on which may make this difficult for several days to a week after surgery.

**Do** feel free to use the parking underneath the building located off Oxford Street.

### Don't wear ANY make-up or Jewellery to the surgery

**Don't** stop any medication before surgery unless instructed to do so.

**Don't** skip any meals before surgery unless instructed to do so.

**Don't** bring the family as you will be in a restricted Procedure Zone and Recovery Area.

**Don't** expect to get back to work immediately. We will advise you on a sensible return to work schedule and will willingly provide medical certificates.

### What can I expect after surgery?

**Pain:** This should be minor and responsive to Panadol or Panadeine.

**Bleeding:** This is controlled by the use of firm pressure on the site for 20 minutes. If bleeding persists call us.

**Swelling or Bruising:** This is very common. It will settle quickly over the first 2-3 days. Ice packs over the site help as does sleeping semi-upright on 2-3 pillows or elevate the area.

**Infection:** Redness, increasing pain and tenderness with discharge of pus or fluid but rarely with associated fever indicates infection. It can occur over the first 3-5 days. Please call us immediately if this occurs and we will arrange swabs and antibiotics.

There is parking underneath the building off Oxford Street for surgery patients.

All surgeries performed at Oxford Day Surgery are under local anesthetic, there is no anesthetist on site.

No fasting is required.