

Fixomull (Hypafix) Wound Dressing Care

This dressing is used for open wounds where it is best to interfere as little as possible with the wound in order to allow healing to occur largely undisturbed. It has application in some shave excisions and following some laser treatments. Fixomull or Hypafix is readily available in small or large rolls from all pharmacies.

- A top dressing will be applied over the Fixomull at the time of the surgery. This should be left dry and in place for 24 hours.
- After 24 hours remove the top dressing to expose the Fixomull
- You can now shower and wash over the Fixomull with soap and water. You may need assistance if you cannot reach the dressing
- This will soften the Fixomull and it should be possible to gently peel it off the wound. If it is still stuck then application of cooking oil will further soften the dressing and allow it to come away
- When the Fixomull dressing is removed the wound should be cleaned with Betadine paint (this may sting: if excessive stinging occurs use only sterile saline) to remove any yellowish material.
- Cut a piece of Fixomull twice the size of the wound and reapply directly over the wound.
- **Following the first dressing change this process should only be repeated if the Fixomull becomes soaked, smelly or discharging. Usually washing the Fixomull with soap and water in the shower is sufficient to keep it clean and to allow the wound to heal undisturbed.**
- When the wound is healed the Fixomull will usually start to lift but after 1-3 weeks you should be able to start to gently peel away the Fixomull from the edges and trim with scissors.
- Do not force the Fixomull off as this will strip away the new skin. When the wound is ready and healed the Fixomull will peel away easily. Make sure the peeling away is done immediately after your shower as wet Fixomull will lift more easily from the wound.
- Remember a healthy wound is not smelly and does not discharge excessively. These are often signs of infection and require a follow up visit.
- If any other problems occur, please contact the surgery and speak to one of the nurses.